



Remember practice builds confidence. Practice with your pet behaviors you want to see more of in different environments and with different reinforcements.

## Stop The Barking By Challenging Your Dog Mentally and Physically.

Excessive barking is often the result of pent-up energy. If this is the case, the solution is simple: release that energy in more productive ways. Does your dog receive a daily walk? Can you make the walk more challenging with a bicycle, a backpack, or by walking on an incline? Can you provide more mental challenges, such as herding, agility training, or simple obedience games? There are many, many ways to increase the challenges in your dog's life. Find one that you enjoy that your dog can participate in safely.

Remember, if all else fails...it is your responsibility to do all you can to work with your dog. After all, he needs you. Seek an animal behavior specialist. Here is one option for you.....

**Trained Dog Happy Dog**  
[TrainedDogHappyDog@gmail.com](mailto:TrainedDogHappyDog@gmail.com)



## Free Training Videos

### From Trained Dog Happy Dog

Sign up at [www.TrainedDogHappyDog.com](http://www.TrainedDogHappyDog.com) to receive a series of 7 free training videos on how to solve some of the most common training issues.

**Trained Dog Happy Dog** is dedicated to empowering dog owners to learn how to train their own dogs using positive training techniques. We respect the fact that each dog and owner are unique individuals with their own particular needs and different learning pace.

We offer Agility, Obedience, Kindergarten Puppy Training as well as Counseling for Behavior Problems.

Call Lilliane Merida at **352-528-3828**  
[TrainedDogHappyDog@gmail.com](mailto:TrainedDogHappyDog@gmail.com)



## The Perfect Gift For Your Kids Or Grandkids

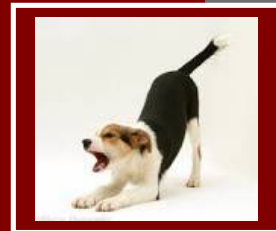
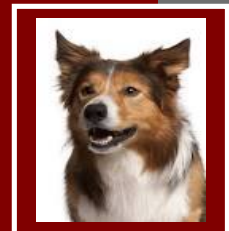
Over 60 original story poems that came right out of the imagination of the author, as well as, several true-life experiences that prompted him to pen a rhyme. It's a perfect-bound 5 ½ X 8 ½ paperback full of refreshing stories that children love to hear. Send \$6.95 (Includes s/h) to John Marinelli at P. O. Box 831413 Ocala, FL. 34483 for your autographed copy.

Have A Heart For Companion Animals  
 A 501-c-3 not-for-profit organization  
 P.O. Box 831413 Ocala, Florida 34483  
[www.havaheart.us](http://www.havaheart.us)



# Why So Much

# Barking?



# Question?

## Why Do Dogs Bark?

### Answer:

## Because They Can

41% of dogs that bark too much are surrendered to shelters....

Let's look at why dogs bark and how you may be able to help them.

### Different Barks Express Different Emotions

Loneliness, Fear, Distress, Stress,  
Pleasure, For care among puppies,  
To alert other dogs, people or animals,  
To changing external circumstances

## Why Bark?

\* Defensive or Offensive Threats

\* Social Insecurity

\* Physical Distress

\* Social Play

\* Inactive and Passive Submission to another dog or person and when making contact with other animals.

**They Speak By Barking. It Is Their Voice.**



## Why Does Your Dog Bark?

**Is Your Dog:** Bored, Needs Exercise, Wants Attention, Lacks shelter, water or food? He may need veterinary attention. He may suffer from separation anxiety. Dogs bark to warn us of intruders – It could be a person, cat or strange sound. Assure them that it's ok. They will get the hint. Dogs bark when they are left out in the backyard too long or tied. **(They never should be tied up or left alone too long.)**

### What You Can Do About Your Barking Dog?

- Make sure your dog has plenty of water, food and shelter from both the sun and rain.
- Leave toys out for your dog to play with when you're not there.
- Walk your dog for at least 15 minutes each day.
- Play with your dog when you are home.
- Make sure your dog gets proper veterinary attention.
- If your dog is lonely while you are gone, leave the T.V. on or the radio (relaxing music only).
- **NEVER** leave your dog caged for extended periods of time.



Tell your dog to stop barking using a look, a sound, or a physical correction. But don't stop there. Your dog may pause and then go right back to what he was doing. His body is relaxed, but his brain is still on alert. **Be patient!** Wait until your dog completely submits before you go back to what you were doing.

### Stay Calm When Trying To Stop Your Dog From Barking

Constant barking can be irritating, but you won't be able to correct the dog's behavior problem if you are frustrated. Animals don't follow unbalanced leaders. In fact, your dog will mirror your energy. If you're frustrated, he will be, too! And barking is a great release for that frustrated energy. Take a moment to curb your own internal barking first.

